

RULES AND GUIDELINES

Unless otherwise specified, the term “member” refers to both “regular members” and “collaborating members” of Op+lait.

Description of the competition

- Le Regroupement Op+lait offers **one annual grant of up to \$5,000** to support the implementation of a science communication or knowledge transfer project, to be carried out within 12 months following the application deadline. One thousand dollars (\$1,000) of this amount is allocated as an honorarium for the student, postdoctoral fellow or team.

The grant may cover required materials and professional fees related to the execution of the communication or knowledge transfer project.

The student, postdoctoral fellow, or team will also benefit from support, guidance, and advice from the Op+lait communications and knowledge transfer agent.

- Application deadline: **October 1, 2026**
- Master's and PhD students, as well as postdoctoral fellows (individually or as a team), are eligible.

Purpose of the competition

- To encourage graduate students (MSc and PhD) and postdoctoral fellows, conducting research under the supervision of an Op+lait member, to engage in innovative communication or knowledge transfer activities targeting direct or indirect users of the research or the general public.

Definition of Knowledge Transfer

Any dissemination or popularization activity aimed at users of the research or the general public.

Applicant Eligibility Criteria:

Grants are available for Master's and PhD students, and postdoctoral fellows supervised by a member of the Op+lait Research Group.

Eligibility Criteria for Transfer Activities:

- The communication or knowledge transfer initiative must be related to at least one of the four research themes of the Op+lait Research Group (please refer to the website: www.oplait.org).
- The activity may be carried out by one or more students or postdoctoral fellows and can take any format: oral or poster presentation, video, podcast, artistic performance, comic strip, journalistic interview, blog post, outreach article, etc.

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**Dissemination activities in a scientific conference or scientific journal are not eligible for this initiative.*

Note: Humor is welcome, but the content and language must remain respectful and non-political.

3. Op+lait must be mentioned and/or its logo visible during the activity.
4. The activity is not eligible for the Op+lait Knowledge Transfer Award but may be submitted to other external outreach competitions.

Not Eligible:

- Scientific articles published in academic journals.
- Research presentations at scientific conferences or congresses (please refer instead to the Op+lait Conference Grant Competition).
- Participation only at a booth organized by Op+lait's administrative staff.

Selection Criteria:

Members of the Op+lait Knowledge Transfer Committee are responsible for evaluating applications and awarding the annual grant. If a committee member has a conflict of interest, they will not participate in evaluating the relevant application.

Applications will be evaluated according to the following criteria (score out of 100 points):

- **25 points** | Relevance of the knowledge transfer initiative to Op+lait's research program
- **20 points** | Originality and innovative nature of the initiative
- **25 points** | Feasibility: clear and appropriate steps, realistic timeline, coherence between the project, budget, and available resources
- **20 points** | Estimated impact
- **10 points** | Relevance of the initiative for the student's, postdoc's, or team's skill development in communication and knowledge transfer

Requirements:

Applicants must have actively participated in Op+lait's training and networking activities.

Documents to Submit:

1. The application form (available on the website www.oplait.org)
2. The project must be presented at the Annual Scientific Meeting. If possible, the activity will also be shared on Op+lait's website and social media platforms.

Complete applications must be submitted by email to **Aida Minguez Menendez** (aida.minguez.menendez@umontreal.ca).

Deadline: October 1, 2026